





August 2017

Website: www.vva535.org

CHAPTER 535

Volume 27 Issue 8

President's Message

Hello fellow Vets,

Greetings, I just returned from the State Council Meeting Sunday evening. I will bring new information to our August 3 meeting.

The Fourth of July parade went well. A second place ribbon was won for one of the vehicles. I was unable to discern whether it was for a deuce and a half or the 1945 Jeep and the Chamber did not know.

Upcoming is the Fair with our information booth and volunteers are needed for various times and especially Saturday and Sunday. This event runs the 9th through the 13th of August. Your help and participation will be greatly appreciated!

Dick Corn and I hope to visit Harold Thursday morning and to see what we need out of the trailer for use at the fair.

That is all for now and hope to see you at the next meeting and at the Fair.

Chuck Holmes

Table of Contents

- Pg. 1 .. President' Message Table of Contents
- Pg. 2.. Upcoming Events
- Pg. 2 .. Officers & Directors Veterans Stand Down
- Pg. 3 Heart Disease
- Pg. 4... Dismal Adventure
- Pg. 5.. Road Rage
- Pg. 6 ... Senior Pass for parks
- Pg. 6 Writing your story
- Pg. 7 Transgenders in the military
- Pg. 13 Calendars

Matters of interest as outlined at Board Meeting of July 20, 2017:

A quorum was not present but no critical votes on financial matters arose so it was mute that too few directors attended. It must be travel season?

Directors acknowledged that VVA Life Member Don Bull, our appointed representative to attend the National conference in New Orleans, will have the floor to discuss Convention resolutions so that he will have guidance on how to vote on various matters that will come up on the convention agenda

Directors again discussed the formation of a "Speakers Bureau" as means to solicit a speaker to present at each general meeting. The membership is invited to assist with finding guest speakers.

Discussion for a future Johnny Cash Tribute show to possibly be scheduled for 5/19/2018 at the Center for the Arts was deferred. It is understood that Ralph Remick will visit the Center for the Arts to explore possibilities of coordinating with them for management of a concert.

Upcoming Events

CSC Full Council - July 21-23, 2016, Fresno

General Meeting August 3, 2017 Nevada County Fair August 9 – 13, 2017 Director's MeetingAugust 17, 2017 VVA National Convention ..8/8/2017 - 8/12/2017 Constitution Day Parade, NC – Sept. 10, 2017 VVA 535 Summer Picnic – To be determined CSC Full Council - October 27-29, 2017, Fresno VVA-535 Christmas Dinner Dec. 7, 2017 Victorian Christmas – Dec. 3, 10, 13, 17, 20, 2017

Chapter 535 Officers

President Chuck Holmes (H) 478-1126; (C) 263-6968

Treasurer Ralph Remick559-7716

Past President	
Harold Graves	470-8507

Directors

Craig Johnson	575-3576
Dave Johnson	887-8297
Ralph Remick	559-7716
Ric Sheridan	274-1413

.269-1431
265-8387
823-1368
368-6156
470-8507
478-1126

Committee Chairs

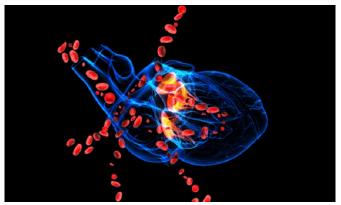
Nevada County Veterans Affairs Rep.

Nevada County Veterans Stand Down

The 2017 Nevada County All Veterans Stand Down is scheduled for October 6th and 7th, and will take place at the Northern Mines building at the Nevada County Fairgrounds.

The Stand Down is a completely free event linking local veterans with local and regional resources, providing information, referrals and services, and having a little fun along the way. Nevada County Stand Down Board is expanding services this year and hopes to include Veteran friendly employers, making the Stand Down a one-stop shop for attendees. Service providers can reach the Stand Down committee at nevcostanddown@gmail.com

Men's Health: Heart disease By: Mass Communication Sp 2nd Class Bryan Mai



A blue 3D drawing of a human heart with large red blood cells flowing out.

NORFOLK, Va. — The number one threat to men's health in the United States is cardiovascular disease, or heart disease.

According to the Centers for Disease Control and Prevention, 321,000 men died from heart disease in 2013, or one in every four male deaths. Making just a few lifestyle changes can significantly lower the risk of heart disease.

Common risk factors of heart disease are smoking, drugs, alcohol, high cholesterol, high blood pressure, diabetes, physical inactivity, obesity and being overweight, an unhealthy diet and stress.

"There are modifiable factors you can change and unmodifiable factors you can't change," said Navy Lt. Ruth Cortes, physician assistant. "Modifiable factors are things you can change like your smoking or dietary habits. Unmodifiable factors are things like age, your gender, your race and family history."

To lower their risk of getting a cardiovascular disease, people can maintain a healthy diet, exercise regularly, not use tobacco products, limit alcohol consumption and have yearly physical examinations to identify any changes in their health.

"Common risk factors include tobacco use which includes cigarettes, dip, vaping and cigars; high blood pressure or high cholesterol," said Navy Lt. Stephanie Horigan, critical care nurse. "Over half of the patients in hospitals for cardiovascular disease generally have high blood pressure or cholesterol or they use tobacco or a combination of the three."

While both the civilian and military sectors have their share of risk factors, there are many factors the military has that the civilian sector does not.

"We are exposed to an environment of higher stress," said Cortes. "We have easier accessibility to fast food and poor food either on base or off base because they are always close by, peer pressure to start drinking and smoking which can affect cardiovascular risk, and the environmental factors that can't be changed such as deployments and workload."

Only half of all patients who suffer from heart attacks show symptoms prior to the attack. Symptoms of sudden cardiac events, or heart attacks, include feeling dizzy, racing heartbeat and jaw or arm pain.

"There is no definitive way to know if you have cardiovascular disease unless you see a medical professional but you can know if you have a higher risk," said Horigan. "If you're overweight, you're a smoker and your mother and father have heart disease, there is a good chance your risk of heart disease is much higher."

According to the 2014 Defense Manpower Data Center's Active Duty Military Personnel Master File, 83.5 percent of all service members are male. "Men rarely ever go see a doctor because men are supposed to be tough," said Cortes. "There are many studies on it. They're humiliated or called out if they want to go see a doctor even if it's a legitimate issue. They put it off and put it off until they pass out on the field and someone has to bring them in for dehydration. I think it's harder for men in the military because of the way they think they're going to get treated."

Although it is typical of men to avoid seeing a doctor, it is best for them and their family if they didn't wait until a condition is severe or irreversible to treat. The earlier a cardiovascular disease is identified, the better the chances of survival.

Dismal Adventure Reconciled by Emergency Assistance Plus

Newsletter editor Bart Ruud began seriously planning a Salt Lake City, UT adventure October 28, 2016 when he made reservations for motel accommodations pertinent to his joining a throng of perhaps 5,000 BMW motorcycle riders convening in SLC for the BMW Motorcycle Owners of America International Rally on July 13, 2017.

Everything pointed to "go." On July 12th, Bart fired up his moto and rode out of Auburn, gleeful to be off on a road trip that would let him enjoy the viewscapes of Nevada and Utah. Some 10 hours 38 minutes and 602 miles later, he checked into his SLC motel. After settling in, helping another rider wrench on his motorcycle, enjoying an evening meal at a local diner, and reading for pleasure, it was bedtime. Dreams were interrupted later in the evening when he was awakened with searing flank pain and extreme illness, manifested by what he described as autonomic nerve induced vomiting. After three hours of livid pain, he took a cab to the LDS Hospital where he checked into the ER and shared the thought he was impacted by the joys

of a kidney stone attack. Tests proved his selfdiagnosis correct. Morphine and other pharmaceuticals were administered and by midmorning July 13, he was admitted as a patient in the LDS Hospital.

His mind numbed by the pharmaceuticals, and with no later recollection, he had at some point electronically notified a friend, Ron M., of his circumstances. Ron immediately realized this might be a time for Bart to activate a travel emergency assistance insurance program he had long held. Unbeknownst to Bart, Ron contacted *Emergency Assistance Plus (EA+)* and dropped his name and the name of the SLC hospital on the telephone receptionist. With that, the wheels began to turn. *EA+* verified Bart was a patient at the LDS Hospital in Salt Lake City.

Ron, together with Ernie S., EJS Insurance Services, Inc. President, engaged in representing Bart, as needed, over the course of his hospitalization, lithotripsy surgery and ultimate release from the hospital for homeward travel. *EA+* coordinated setting up a Delta Airlines medical evacuation flight to Sacramento as well as coordinating trucking his motorcycle back to Auburn, all at no cost. Airline facilitation included wheelchair transport in the airport, streamlined TSA passage, priority seating and a range of other considerations to provide passenger comfort for the flight. Bart is now under the care of an Auburn area urologist and is progressing in his recovery.

Bart has shared with a few friends that he found his medical care in SLC as nothing less than phenomenal, better than anything he has experienced with the VA and another major medical provider, which he has utilized for decades.

EA+ is available as an inexpensive group plan opportunity through more than 100 organizations, including the California Retired Teachers Association, Elks, Kiwanis, the NRA and many military veteran organizations. Bart notes that he pays \$114 a year through his affiliation with the NRA.

Perhaps one day soon, my Veteran friends within the readership will have taken the option of enrolling in *EA+* and then enjoying emergency rescue from anywhere in the world, if needed. Enrollment costs are modest and assistance if provided for a range of situations.

Road Rage From Car Pro USA July 7, 2017

Last week, 18-year old Bianca Roberson, who just graduated from high school and was getting ready to head off to college, merged onto a Philadelphia freeway. David Desper, age 28, felt he was being cut off, and went into a fit of road rage that ended when he pulled a gun and fatally shot the girl in the head. Desper was arrested and charged with first-degree murder.

The week before, 17-year old Nabra Hassanen was walking down the road with friends in Fairfax, Virginia. Darwin Torres, a 22-year old, came up behind the group, got angry because the group didn't move as quickly as he thought they should. Angry words ensued and Torres beat the young female to death with a bat.

In the past week, where I live in the Dallas area, three separate road rage incidents happened resulting in one death and three injuries.

These are just two examples of the epidemic that is called road rage.

Road Rage Defined

Road rage is defined as aggressive or violent behavior stemming from a driver's uncontrolled anger at the actions of another motorist. Some examples include:

- Ramming your vehicle with his or her car.
- Forcing someone off the road.
- Pulling over, getting out, and getting into a physical confrontation.
- Inciting your passenger(s) to get into a confrontation with the other driver.
- Using any sort of weapon to inflict harm on another driver or vehicle.

Aggressive Driving

Everybody seems to be in a hurry these days. This often leads to aggressive driving, which can trigger a road rage event. Some of the behavior that leads to road rage incidents include:

- Speeding
- Honking your horn
- Flashing your headlights
- Slamming on your brakes
- Tailgating
- Verbally cursing at another driver
- Failure to signal lane changes
- Cutting another driver off

The Statistics

According to the National Highway Traffic Safety Administration, here are some pretty scary statistics:

- 37% of the aggressive driving incidents that occur involve at least one firearm.
- The person who is most susceptible to road rage is a male under the age of 19.
- 1 out of every 2 drivers who are the recipient of an aggressive behavior while they are behind the wheel will respond in kind.
- Over a 7-year study period, there were over 200 murders associated directly with road rage.

- More than 12,000 preventable injuries have occurred because of road rage incidents that have occurred.
- 2% of those who have someone driving around them aggressively have admitted to trying to run that car off of the road.
- 49% of road rage incidents are caused by a distracted driver or someone not paying attention.
- 44% of road rage is trigged by someone getting cut off.

How To Keep From Being a Road Rage Victim

Nobody plans on being the victim of road rage when he or she heads out on the road, yet we know it happens every day, and results in death and destruction. There are things you can do to increase the odds this will not happen to you.

First, give yourself plenty of time to get where you are going. Leave sooner, get up earlier, check traffic reports, anything that will keep you from having to drive too fast. Giving yourself time cuts down on tailgating, aggressive lane changes, and accidentally cutting people off.

Before you engage with another driver, make the assumption that he or she has a gun in the car and will use it. That will make you think longer and harder before the situation escalates.

Before you engage with another driver, make the assumption that he or she has a gun in the car and will use it.

Avoid, if possible, laying on your horn. This behavior seems to escalate aggression in other drivers who are prone to having a short fuse. Should you accidentally cut someone off, give a friendly wave and if possible, mouth that you are sorry. In other words, take responsibility for your mistake. Put that cell phone down. Messing with it, texting, checking emails, etc. leads to you not staying in your lane, having to make sudden stops, causing you to make unsafe lane changes, and a host of other issues that can lead to you angering another driver and a road rage incident.

Don't be afraid to call 9-1-1 when a crazy driver is trying to harm you. There is a good chance he or she will figure out what you are doing and back away.

Finally, before you engage with another driver, take a deep breath and try to think of the potential consequences. Do you want to get your car wrecked? Do you want to end up in jail? Is getting into a confrontation with a stranger worth your life?

We need to get a grip on this problem before it gets worse.

NPS Senior Pass

Heads Up. If you Google NPS Senior Pass, you will discover that effective January 1, 2018 a Senior Pass will cost \$80, instead of the current \$10.

If you can stop at a National Park before December 31, 2017 the entrance personnel can directly sell you a \$10 pass.

If you order online before December 31, the Senior Pass will be \$10 but you will be charged an additional \$10 processing fee.

Writing Your Story for INCOMING

(Ongoing repeat solicitation) Ideas for your story:

• Think about what you appreciated about the Vietnam experience. There is surely a means to segue into that with very little

reflection on the negative aspects of war.

- What did you appreciate about the Vietnamese people during your deployment?
- Can you steer away from the bad stuff and \reflect on the best experience you had in the Nam?
- Surely you had a close buddy and you supported each other. Maybe there is a story in that.
- What really got you through the day-to-day anxieties and fears? There might be a positive recollection in that regard.
- How did your experience instill in you a sense of patriotism that you possibly express every day of your life.

So far we have heard from Ruud, Epps, Chaix,

Hamer & current Marine LCpl. Jesse Hernandez. (Thank you!)

No writer needs to dwell on the negatives of war Each of us who was there lived the negatives, and all of us are better people for having served, especially when we look at how we matured as a result of our experiences. Each of us has derived a sense of being and an energy that is different from what it might have been had we not been sent across the pond.

Do share with us, in your own words, something of that chapter of your life. And, thank you for your service.

Forward your story to Bart Ruud at <u>bruud45@gmail.com</u> or hand deliver to Bart.

Transgender Men in Women's Showers Must Get 'Dignity and Respect,' Says U.S. Army

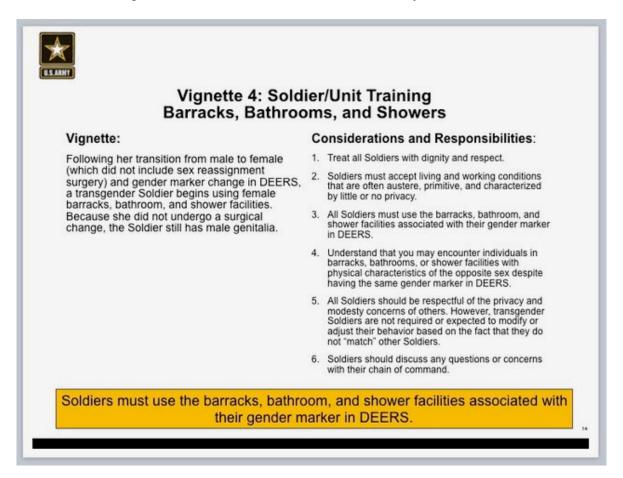
by **NEIL MUNRO**7 Jul 2017 Breitbart News



Female soldiers must give "dignity and respect" to transsexual men who join them in their shared shower rooms, according to training manuals leaked by soldiers in a mandatory class.

But this "dignity and respect" is a one-way street, according to the training slides, which were

developed by officials working for former President Barack Obama. "Transgender Soldiers are not required or expected to modify or adjust their behavior based on the fact that they do not 'match' other Soldiers," according to the slides, which were first leaked by TheFederalist.com:



The insistence that women remain mute when a man enters their shower room "shows a lack of respect for the vast majority of service members [because] no consideration is given to their feeling about this circumstances," said Peter Sprigg, senior policy studies expert at the Family Research Council in Washington.

Female soldiers in showers are supposed to ignore visible biology and "act as if nothing has happened when some male ... is all of a sudden in the shower room with them," said Austen Ruse, president of the Catholic Family and Human Rights Institute. "This is a flat-out humiliation of women. ... Females will have their dignity and respect violated [and] they are being told this does not matter even a little bit," he added.

Female soldiers will not even be allowed to cover themselves because it could signal a lack of "respect" for the transsexual man in the shower, Ruse said.

Several nations have decided to accept transsexuals into their militaries, including Sweden, Canada, Australia and New Zealand. In 2014, a group of those transsexual soldiers held a joint press conference with the ACLU in Washinton D.C. See photo above.

The demand for "dignity and respect" of transsexuals is shot through the Army documents because

the "transgender ideology" insists that normal Americans — including American soldiers — must respect claims by men who insist they are women, regardless of their visible genitalia, civic practices, law, and science.

The justification for this transsexual demand is the unproven claim that all people have a so-far unverified "gender identity" that can be disconnected from their obviously female or male body. Transgender activists then argue that a person's "gender identity" is more important than the fundamental sexual distinctions between male and female humans, and, in fact, also requires that the transgender men be treated as legal females, whether or not they have had surgery.

Because a person's "gender identity" is deemed more important than a person's actual sex, the Pentagon's rules do not require that transgender soldiers undergo sexual surgery before they switch their legal sex. According to the new rules, a soldier who has a conflicting "gender identity" is deemed "stable in preferred gender" once: a documented medical treatment plan is complete, no functional limitations or complications persist, and the individual is not experiencing clinically significant distress or impairment in social, occupational, or other important areas of functioning. Continuing medical are, including but not limited to cross-sex hormone therapy, may be required to maintain a state of stability.

The shift to pro-transgender, anti-sex language also means there are no recognized male or female bodies in the military, nor are there any recognized members of the two sexes. Instead, the sex of each soldier is reduced to a mere "gender marker," which is amputated from Americans' expectations for the behavior of members of the male sex and the female sex. According to the new rules, the "gender marker" is a just "data element" in the "Defense Enrollment Eligibility Reporting system."

This shift in focus from the sex of a soldier to the "gender marker" has additional impacts. For example, all soldiers are expected to take periodic drug tests by peeing into a cup in front of a higher-ranking soldier. This means female soldiers will be required to pee into cups while sitting beside a soldier with a female "gender marker," even when the observing soldier is male. According to a document provided with the training. "It is DoD and Army Policy that a urinalysis sample must be collected by direct observation and that, absent an exception to policy, the observer will be the same gender as the Soldier being observed (as reflected by the gender marker in DEERS)."

The new policy of ignoring sexual differences in favor of a "gender marker" will apply throughout many Army procedures, including sharing bedrooms: "For facilities subject to regulation by the Army, a Soldier uses those billeting, bathroom, and shower facilities associated with the Soldier's gender marker in DEERS."

The rules also say that men who declare themselves to be women only have to meet the lower physical standards required of female soldiers who tend to be smaller and lighter and have less testosterone. This means that normal soldiers must provide "dignity and respect" to the transsexual male soldiers who are only obliged to meet the lower standards for female soldiers.

These military documents establish the transgender ideology as a government-backed belief system in place of Americans' long-standing treatment of women and men as equal, different, and complementary, says Sprigg. The transgender rules are "really serving an ideological purpose, not a military purpose," he said. However, on June 30, Secretary of Defense James Mattis announced a six-month delay on the planned July 1 recruitment of transsexuals, scheduled by Obama officials, who also dropped the ban on open transsexuals in the military and commissioned the new training manuals.

The Mattis delay gives the military time to debate and prevent Obama's damaging pro-transgender policies, said Sprigg. Under Obama, the military was "never asked 'Do you think this is a good idea?' – they were told this is what is going to happen," he said.

For example, the financial costs of the pro-transgender rules will be enormous, he said. Obama's officials promised to pay for the hormones and surgeries sought by new recruits, and accepted the extra costs of replacing transsexuals who cannot go to war because of their unique medical requirements, such as the muscle-weakening female hormones, he said. Those costs could reach \$3.7 billion over the next ten years if the number of transsexual people in the military matches claims by transgender activists, he said.

If the military offers free medical services to transsexual recruits, the number of transsexuals in the military might increase, further boosting costs. Already, military doctors are required to provide transgender-related services to soldiers even if they judge those services are harmful, according to the Center for Military Readiness.

And if the military agrees to establish the transgender ideology at the end of the six-month delay, the pro-transgender campaign will be boosted in the nation's courtrooms, capitols, and classrooms, said Ruse. "Every transgender activist can point to the military to say, 'They've done, it, so we should do it... in grade schools, high schools, colleges, everywhere," said Ruse. The progressive outcome is possible because White House officials have not taken a strong stand against the transgender ideology's hostility towards the two sexes, he said. "I'm very nervous," said Ruse.

"We have not seen a lot of concern from Trump ... [so] we're working closely with allies on Capitol Hill," said Sprigg.

The long-term goal "is cultural transformation, not one of increasing the effectiveness of our military," said Sprigg.

The transgender ideology demands that the federal government force Americans to accept the "gender identity" sex-switching claims made by each person, regardless of scientific data about genetics, biology, and the variety of normal behavior and appearances shown by normal, equal, different, and complementary women and men, boys and girls.

The progressive push to bend Americans' attitudes and their male-and-female civic society around the idea of "gender" has already attacked and cracked popular social rules for how Americans handle the many charming differences between complementary men and women.

These pro-gender claims have an impact on different-sex bathrooms, shelters for battered women, sports leagues for girls, hiking groups for boys, K-12 curricula, university speech codes, religious freedoms, free speech, the social status of women, parents' rights in childrearing, practices to help teenagers, women's expectations of beauty, culture and civic society, scientific research, prison safety, civic ceremonies, school rules, men's sense of masculinity, law

enforcement, and children's sexual privacy.

This was not the military I served. Editor.

Late News – July 26, 2017 – from CNN

President Donald Trump announced that he plans to <u>reinstate a ban on transgender</u> individuals serving in the US armed forces.

The decision reversed a policy initially approved by the Defense Department under President Barack Obama that would allow transgender individuals to openly serve in the military. Defense Secretary James Mattis announced last month that he was delaying enactment of the plan to begin allowing transgender individuals to join the US military.

"After consultation with my Generals and military experts, please be advised that the United States Government will not accept or allow Transgender individuals to serve in any capacity in the U.S. Military," Trump said in a series of tweets. "Our military must be focused on decisive and overwhelming victory and cannot be burdened with the tremendous medical costs and disruption that transgender in the military would entail."

Application For Membership VIETNAM VETERANS OF AMERICA, INC., CHAPTER 535 P.O. Box 37, Grass Valley, CA 95945

Membership is open to U.S. armed forces veterans who served on active duty (for other than training purposes) in the Republic of Vietnam between February 28, 1961, and May 7, 1975, or in <u>any duty location</u> between August 5, 1964 and May 7, 1975.

Name:	Date of Birth:
Mailing Address:	
City:	State: Zip:
Home Phone: ()	Cell Phone: ()
Email Address:	Gender:
(Optional) Chapter Number	: Sponsor:
I am already a VVA member a	and I want to become a Life Member. My VVA Number is
	vidual 1 year @ \$20. Individual3 years @ \$50. 0. (Check type of membership)
	rs and new life members : You must submit a copy of your s application and dues payment.
Payment Method:Check	Money OrderCredit Card (Visa, MasterCard, AMEX, Discover)
Credit Card Number	Exp. Date
Signature	
Return your completed application	, payment and a copy of your DD-214 to:

Vietnam Veterans of America, Inc., Chapter 535 P.O. Box 37 Grass Valley, CA 95945

Revised: January 2016

	July 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
						1	
2	3	4 Independence Day July 4 th Parade	5	δ General Meeting δ:00 p.m.	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20 Board Meeting 6:00 p.m.	21 CSC Council - Fresno	22 CSC Council – Fresno	
23 CSC Council – Fresno	24	25	26	27	28	29	
30	31						

August 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3 General Meeting 6:00 p.m.	4	5
6	7	8 Set up for Nevada County Fair VVA National Convention	9 Nevada County Fair VVA National Convention	10Nevada County Fair VVA National Convention	11 Nevada County Fair VVA National Convention	12Nevada County Fair VVA National Convention
13 Nevada County Fair	14	15	16	17 Board Meeting 6:00 p.m.	18	19
20	21	22	23	24	25	26
27	28	29	30	31		

	September 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
3	4 Labor Day	5	6	7	8	9	
10 Constitution Day Parade	11	12	13	14	15	16	
17	18	19	20	21	22	23	
24	25	26	27	28	29	30	

October 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5 General Meeting 6:00 p.m.	6 Nevada County Stand Down	7 Nevada County Stand Down
8	9 <u>Columbus</u> <u>Day</u>	10	11	12	13	14
15	16	17	18	19 Board Meeting 6:00 p.m.	20	21
22	23	24	25	26	27 CSC Council - Fresno	28 CSC Council - Fresno
29 CSC Council - Fresno	30	31 Halloween				

November 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7	8	9	10	11 <u>Veterans</u> Day Parade
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30		

	December 2017						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
					1	2	
3 Victorian Christmas	4	5	6	7 VVA-535 Christmas Dinner	8	9	
10 Victorian Christmas	11	12	13 Victorian Christmas	14	15	16 Wreaths Across America	
17 Victorian Christmas	18	19	20 Victorian Christmas	21 Board Meeting 6:00 p.m.	22	23	
24	25 <u>Christmas</u>	26	27	28	29	30	
31							